

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Foeta Nel

Has successfully participated & completed the

**Team Steer Cowhouse Cross Duathlon 2017 #4** 

held at Cowhouse Market.

**TIME** 01:34:39

**PACE** 05:54/km

**OVERALL** 6 of 10

**GENDER** 3 of 5

**40 - 49** 3 of 3

06 August 2017, Sun

Date

